

# Interiors & Décor

THE MAGAZINE AND THE ARCHITECTS

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Trends  
2019

So much newness!

+ Doors &

Windows

More than you see!

# Stylish Spaces

Flawless designs by architects and interior designers





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MAYANK PAAREKH, DHAVAL SHAH AND  
KAUSHAL LAHERI, ADDA ARCHITECTS

## The Healing Space

Adhering to the saying above, design for Urja clinic is conceptualized, where human emotions, reactions, and postures play an elementary role. The concept revolves around the thought of mental health problems where transparent, barrier free spaces pushing forward open-ended conversations between the patient and doctor. Emphasizing on sensitivity, the space is design with homely atmosphere, avoiding the monotonous clinic environment.





*"What Mental Health needs is more Sunlight, more candor, and more unashamed conversations."*  
**Glenn Close.**



Moving along the interiors of the clinic, one will experience a blended colour scheme of both warm and cool colour palette applied at different places considering the human psychology and its effects.

Entering through the reception, a sense of stability, purity, and comfort is bestowed through simple white textured walls and ceiling, with a compelling addition of a front-lit upholstered wall graphic. At the reception and waiting lounge, one observes a quirky designed frosted glass partition showcasing various day to day human activities. The glass partition is spread all over the central space.

The doctor's cabin greets one with a pool of colours splashed over muted white canvas with cool teal color highlighted through the arch framing across the doctors chair. This semi partition segregates the doctor's book shelf from the

visiting area. The back also gives the visitor a skyline view of the city, calming the upheaval in one's mind. On the other hand, the balcony is approached through an arched door clad with bricks exhibiting a reflex of stability and persistence making the patient develop a comforting faith in the doctor. The balcony is sufficed with turfs and pots, adding to the garden like setting, conceiving the feeling of tenderness, warmth and emotional strength.

Going back indoor, the group discussion activity space is used in an intelligent manner. The waiting lounge too is converted into a huge discussion space, formulated by opening the collapsible frosted shutters and allowing for a voluminous arrangement with options of open or private compositions.

To make the space more intriguing, small design elements





are customized and incorporated thoughtfully at the nooks and corners of the clinic. For instance, décor group of musician figurines perched upon the ledge sculpted from brass, various abstract laser-cut wooden frames depicting the complex working of the brain aiding to the counseling sessions.

Thus a small scale challenging project is well adapted and delivered with quirky and space oriented inputs focusing on functioning of human behavioral sciences. ■



Fact File	
PROJECT	URJA CLINIC
Location	Surat
Area	600 sft
Design team	Kaushal Laheri, Jaini Laheri, Piyush Jariwala, Raj Modi
Pc	thefishyproject
Text Credits	Ar. Himani Ahuja